



FAMILY EYE
PHYSICIANS
LASER CENTERS



YOUR CATARACT SURGERY

Patient Information and Instructions

Please contact your Surgical Coordinator regarding your Surgery

Albany Park

Lejla Osijan

☎ (708) 636-9393 EXT 204

☎ (773) 866-2022

Buffalo Grove

Lynda Szymczak

☎ (708) 636-9393 EXT 301

☎ (847) 541-8442

Oak Lawn

Miriam Ballesteros | Sandra Saucedo

☎ (708) 636-9393

☎ (708) 424-9318

For any Surgical Questions Ext 135
or Ext 137

Orland Park

Sandra Wayteck

☎ (708) 636-9393 EXT 401

☎ (708) 360-8066

Oakbrook Terrace

Lashanna T Green

☎ (708) 636-9393 EXT 503

☎ (708) 512-6350



CHOOSING THE IOL THAT FITS YOUR LIFESTYLE

Monofocal Lens

Typically covered by insurance or Medicare, these trusted lenses provide clear distance vision. However, you will likely still need glasses for reading - and possibly for distance vision, particularly if you already have a pre-existing astigmatism.

PRO'S:

- Improved distance vision
- Cost usually covered by insurance and Medicare

CON'S:

- Will likely still require glasses for close-up vision

Astigmatism-Correcting

Toric Lens

These advanced technology lenses are designed to correct astigmatism at the time of surgery for clear distance vision, usually without the need for glasses. However, you will still need glasses for reading.

PRO'S:

- Improved distance vision, usually without glasses, for astigmatic patients

CON'S:

- Will likely still require glasses for close-up vision

Multifocal Lens

You now have several choices of multifocal lenses. In addition to correcting distance vision, the doctor can select from multifocal IOLs that can improve near and/or intermediate vision. We custom-tailor the options to meet the needs of your lifestyle.

PRO'S:

- True performance at all distances, near and distance

CON'S:

- May experience glare/halos around lights at night and difficulty seeing in low lighting situations, like driving at night



ADVANCED TECHNOLOGY CATARACT TREATMENT OPTIONS

Precision Vision

- The first and **only** lens that allows adjusting **after** surgery
- Unique ability to preview your vision
- Adjust your vision in office, after surgery, to dial-in results

WHAT TO EXPECT

Minimal or no glasses for near, immediate or distance vision the majority of the time, after adjustments



Forever Young

- Custom Cataract Surgery with Presbyopia Correcting Multifocal or Extended Depth of Focus Lens
- Advanced Intraoperative Diagnostics
- Bladeless laser precision

WHAT TO EXPECT

Minimal or no glasses for near, intermediate or distance vision the majority of the time



Legal To Drive

- Custom Cataract Surgery with Advanced Astigmatism Lens Implant
- Advanced Intraoperative Diagnostics
- Bladeless laser precision

WHAT TO EXPECT

Minimal or no glasses needed for distance vision
Will need glasses for reading



Cataract Plus

- Cataract Surgery with Astigmatism Management
- Standard Intraocular Lens
- Bladeless laser precision

WHAT TO EXPECT

Minimal or no glasses needed for distance vision
Will need glasses for reading



Basic

- Manual Cataract Surgery
- Standard Intraocular Lens

WHAT TO EXPECT

Will require glasses 100% of the time



SURGERY SCHEDULE

1st Eye

Your right/left eye surgery is scheduled on _____

POST OPERATIVE APPOINTMENTS: (SCHEDULED AT FAMILY EYE PHYSICIANS)

1 Day _____ at _____ am/pm

1 Week _____ at _____ am/pm

Pre-operative physical needs to be completed no later than

2nd Eye

Your right/left eye surgery is scheduled on _____

POST OPERATIVE APPOINTMENTS: (SCHEDULED AT FAMILY EYE PHYSICIANS)

1 Day _____ at _____ am/pm

1 Week _____ at _____ am/pm

Pre-operative physical needs to be completed no later than



PREPARING FOR YOUR SURGERY

The Night Before Your Surgery

- Use eye drops as directed
- **DO NOT** eat or drink anything after midnight the day before your surgery unless otherwise directed, or your surgery will be canceled.

The Morning of Your Surgery

- Use eye drops as directed
- Take morning medications (only if instructed) with a small glass of water

Pre-Surgery Checklist

- Wear comfortable, loose-fitting clothes
- **DO NOT** wear jewelry, nail polish, or makeup
- **DO NOT** bring money or valuables with you
- Bring a list of medications you are taking
- Bring your eye drops
- Have your ID and insurance cards with you
- Make sure an adult driver is available to take you home following surgery and will be available for the next 24 hours if needed

Surgery Eyedrops

Eye drops will be sent to your pharmacy one week prior to surgery. You are to start the drops 3 days before surgery, including the morning of surgery.

Please wait 2-5 minutes between each drop. See medication instruction sheet for directions.

Please bring ALL of your eye drops with you to EVERY appointment.

If you have questions about your drops, please call Gaby, ext 137 or Alina, ext 128.

Date to start using drops: _____

See medication instruction sheet for directions

Bring ALL of your eye drops with you to EVERY appointment



WHAT TO EXPECT

During Your Surgery

- Most cataract surgeries are performed under topical or local anesthesia and numbing eye drops.
- Although you may feel slight pressure during surgery, you should not experience any discomfort.
- If you feel any pain or nausea during surgery please let the physician or nurse know so they can make you more comfortable.
- The surgery lasts less than 30 minutes. You will be given an anesthetic to numb the nerves in and around your eye. You will likely see light and motion during surgery, but should not experience any pain.
- Following surgery, you will spend a short period of time in the recovery area.

After Your Surgery

- You will be required to use eye drops for a minimum of four weeks after surgery. These drops are used to prevent infection and inflammation during the healing process.
- You will be seen the next day at Family Eye Physicians.
- You may take ibuprofen to relieve any discomfort.
- Your vision may be slightly blurred for up to a week after surgery.
- You may have some redness in the eye but it should clear up in a few days.
- You may also notice a difference in your pupil size. This is not uncommon and will return to its normal size within a few days.

Post Surgery Instructions

- Tape the eye shield over the operated eye when you sleep until further instructed. Wear sunglasses provided in kit at all times (except while sleeping).
- No rubbing the eye.
- No showering/washing hair or face until the fifth day after surgery.
- Bathe from the neck down only.
- No heavy lifting (over 10 lbs), and no bending over for 1 week.
- No driving until doctor release.

CALL IMMEDIATELY! (708) 636-9393

If you experience any of the following symptoms after surgery:

- Extreme redness and/or pain
- Sudden burst of light followed by vision loss
- Increased discharge
- Flashes of light or floaters



OUR LOCATIONS

Center for Reconstructive Surgery

6311 W. 95th Street Oak Lawn, IL 60453
708-499-3355

Tinley Woods Surgery Center

18200 S. Lagrange Road Tinley Park, IL 60487
708-570-2490

Advocate Christ Hospital

4400 W. 95th Street Oak Lawn, IL 60453
708-684-3132

Little Company of Mary Hospital

2800 W. 95th Street Evergreen Park, IL 60805
708-229-6220

Nova-Med Eye Surgery Center

3034 W. Peterson Avenue Chicago, IL 60659
773-973-7432



Please scan for directions

Type in your location

